
“Festive Family Thanksgiving Cookbook”

Cranapple - Cinnamon Hot Cider

Serves 10 1-cup servings, Preparation time 3 minutes

1 quart apple juice or cider

1 quart cranberry juice

3 cinnamon sticks

Crock-pot preferable (can
use large pasta pot or
stock pot on stove top)

Combine apple and cranberry juices. Add cinnamon sticks. Bring to boil. Reduce heat and simmer. Serve hot.

Nutrition Facts Per Serving: 104 Calories, 5 mg. Sodium, not a significant source of Fat, Saturated Fat, or Cholesterol.

